

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	316	Decoster	Jelle	Boutersem	M1	SEN	DCLA	00:20:26	17.62	03:24
2	296	Mans	Steve	Testelt	M2	MAS+40	#sqmrunningteam	00:21:12	16.98	03:32
3	2001	Wouters	Chriske	Diest	M3	MAS+50	SQM Running team	00:21:51	16.48	03:38
4	2007	Artoos	Tom	Molenstede	M4	MAS+45	ROBA	00:22:12	16.22	03:42
5	297	Nijs	Alexander	Linden	M5	CAD		00:22:32	15.98	03:45
6	2012	Cuyvers	Jonas	Tessenderlo	M6	SCH	De Windbrekers	00:22:39	15.89	03:46
7	295	Leemans	Robbe	Vissenaken	M7	JUN		00:23:06	15.58	03:51
8	315	Decoster	Steven	Boutersem	M8	MAS+50	DCLA	00:23:39	15.22	03:56
9	301	Sonck	Ruth	Tienen	V1	MAS+35	SQM Running Team	00:24:22	14.77	04:03
10	286	Dekens	Danny	Zelem	M9	MAS+60	DCLA Halen	00:24:54	14.46	04:09
11	288	Engelen	Sara	Oud-Turnhout	V2	SEN	AVOS	00:26:53	13.39	04:28
12	305	Utens	Erik	Kapellen	M10	MAS+45		00:27:18	13.19	04:33
13	323	Van Esch	Bert	Waanrode	M11	MAS+40		00:27:31	13.08	04:35
14	312	Mans	Dylan	Testelt	M12	MIN	Houtvenne	00:27:32	13.08	04:35
15	2011	Gerrits	Thomas	Bekkevoort	M13	SEN		00:27:34	13.06	04:35
16	335	Haccour	Arthur	Orsmaal	M14	MIN		00:27:39	13.02	04:36
17	310	Wilmaers	Kelly	Tielt-Winge	V3	MAS+40		00:28:08	12.8	04:41
18	299	Rems	Geert	Tielt-Winge	M15	MAS+55		00:28:31	12.62	04:45
19	322	Stassart	Jeroen	Geetbets	M16	MAS+45		00:28:48	12.5	04:48
20	309	Verstraete	Mathis	Zoutleeuw	M17	CAD	DCLA-Halen	00:29:00	12.41	04:50
21	290	Gentens	Dries	Holsbeek	M18	SEN		00:29:04	12.39	04:50
22	2019	Luts	Daniël	Engsbergen	M19	MAS+65	DCLA-Halen	00:29:17	12.29	04:52
23	329	Boone	Frederik	Diest	M20	MAS+50	ROBA	00:30:48	11.69	05:08
24	326	Moaerts	Sofie	Waanrode	V4	MAS+40		00:31:01	11.61	05:10
25	328	Depré	Jan	Budingem	M21	MAS+55		00:31:57	11.27	05:19
26	317	Thioulants	Jeroen	Geetbets	M22	SEN		00:32:02	11.24	05:20
27	334	Allard	Emiel	Geetbets	M23	MIN		00:32:29	11.08	05:24
28	321	Stassart	Iben	Geetbets	M24	CAD		00:32:30	11.08	05:25
29	318	Uten	Ludo	Geetbets	M25	MAS+55		00:32:52	10.95	05:28
30	291	Guldolf	Dries	Aarschot	M26	SEN	Sportiva Gelrode	00:33:00	10.91	05:30
31	330	Beelen	Tillo	Geetbets	M27	MAS+35		00:33:08	10.87	05:31
32	324	Verstraete	Peter	Grathem (NL)	M28	MAS+50		00:33:21	10.79	05:33
33	313	Haekens	Jean-Marie	Bilzen	M29	MAS+55	Mattel en Spattel	00:33:39	10.7	05:36
34	294	Huybrechts	Tjeu	Geetbets	M30	PUP		00:34:12	10.53	05:42
35	293	Huybrechts	Pieter-Jan	Geetbets	M31	MAS+35		00:34:14	10.52	05:42
36	319	Werbrouck	Tom	Scherpenheuvel	M32	MAS+45	Sportiva Gelrode	00:34:19	10.49	05:43
37	314	Janssens	David	Zoutleeuw	M33	MAS+45		00:36:03	9.99	06:00
38	287	Dendas	Jolijn	Diest	V5	CAD	ROBA	00:36:44	9.8	06:07
39	325	Bloemmen	Ulrike	Grathem (NL)	V6	MAS+40		00:37:19	9.65	06:13
40	327	Wuyts	Anouska	Tessenderlo	V7	MAS+40	Berglopers	00:40:52	8.81	06:48
41	320	Werbrouck	Noah	Scherpenheuvel	M34	SEN		00:41:33	8.66	06:55
42	2018	Amulius	Danny	Bekkevoort	M35	MAS+60		00:42:18	8.51	07:03
43	308	Vandijck	Thea	Ham	V8	SEN		00:43:49	8.22	07:18
44	292	Hilven	Sander	Rotem	M36	SEN		00:45:09	7.97	07:31
45	307	Vandijck	Ilse		V9	MAS+35		00:45:27	7.92	07:34
46	289	Gelin	Greet	Kessel Lo	V10	MAS+55	ROBA Recreanten	00:45:34	7.9	07:35
47	331	Coeckelberghs	Elize	Geetbets	V11	SEN		00:46:27	7.75	07:44
48	333	Van Eccelpoel	Bram	Herselt	M37	SEN		00:46:39	7.72	07:46
49	332	Marelis	Günter	Rummen	M38	MAS+45		00:46:40	7.71	07:46
50	302	Thomas	Leni	Geetbets	V12	PUP		00:48:55	7.36	08:09

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51	298	Ory	Linda	Geetbets	V13	MAS+45		00:48:58	7.35	08:09
52	311	Winnen	Marie	Budingen	V14	SCH		00:49:56	7.21	08:19
53	284	Bottu	Laura	Zoutleeuw	V15	SCH		00:53:01	6.79	08:50